# DEVELOPING & RUNNING A SYRINGE EXCHANGE PROGRAM (SEP)

ND & MN HIV/STD/HEP/TB CONFERENCE
SEPTEMBER 26, 2017



### **OUTLINE**

- OVERVIEW OF RURAL AIDS ACTION NETWORK (RAAN)
- WHAT ARE WE TRYING TO ACCOMPLISH?
- HOW IT ALL BEGAN IN DULUTH
- WHERE ARE WE NOW
  - AND WHAT WE'VE LEARNED
- FOR MORE INFORMATION



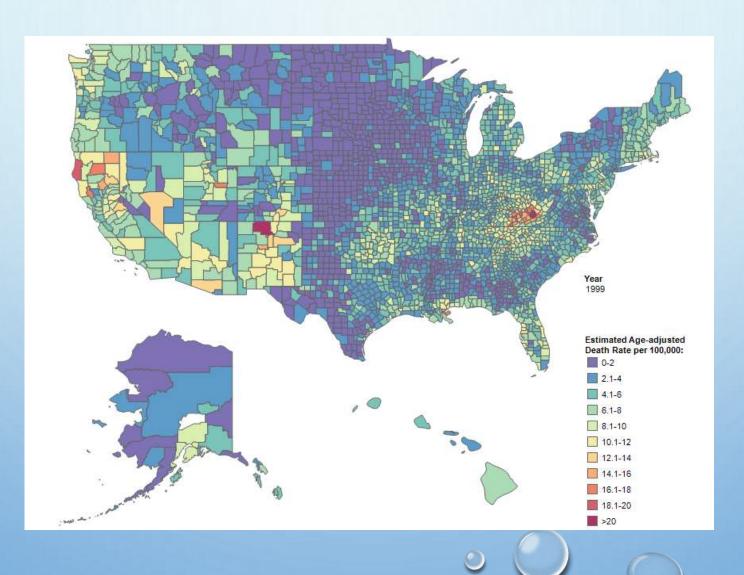
### OVERVIEW OF RAAN

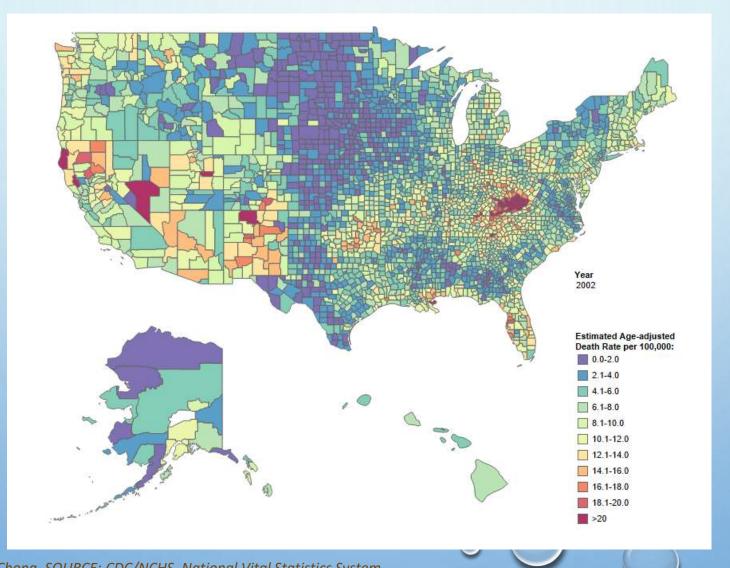
- 25 YEARS WORKING IN HIV CARE & PREVENTION
- FIVE LOCATIONS THROUGHOUT GREATER MINNESOTA
  - ST. CLOUD (CENTRAL OFFICE, MEDICAL CASE MANAGEMENT, HIV PREVENTION & SUPPORT SERVICES)
  - DULUTH (SEP & BENEFITS COUNSELING)
  - GRAND RAPIDS (MEDICAL CASE MANAGEMENT)
  - MOORHEAD (MEDICAL CASE MANAGEMENT & HIV PREVENTION)
  - MANKATO (MEDICAL CASE MANAGEMENT, HIV PREVENTION & SEP OPENING SOON!)

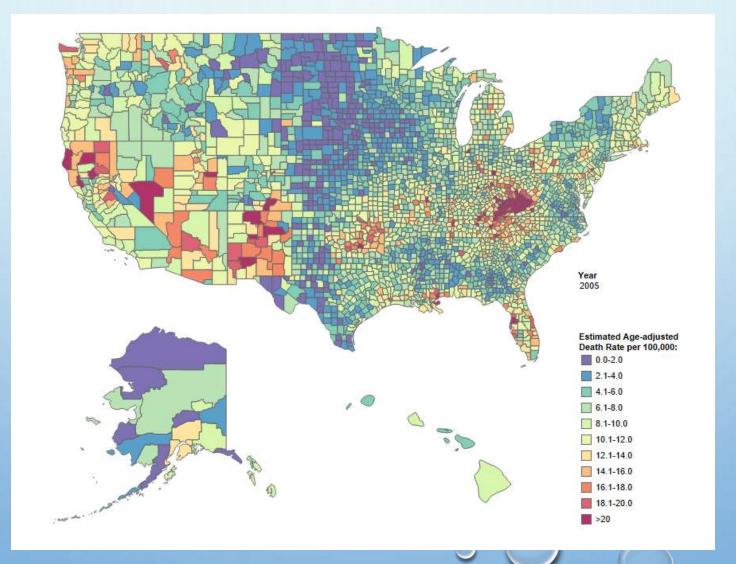
## WHAT ARE WE TRYING TO ACCOMPLISH?

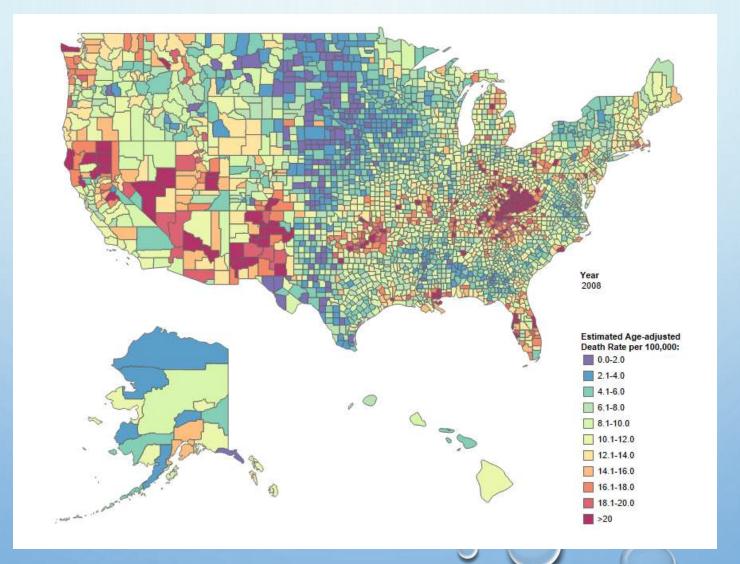


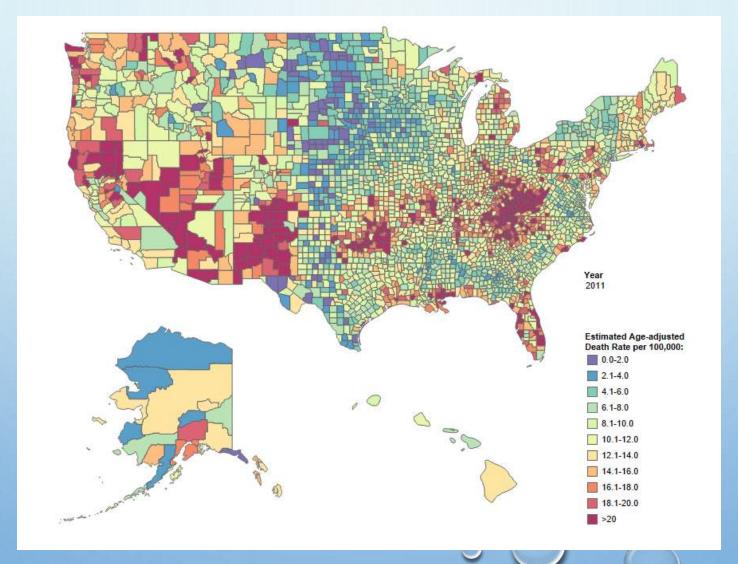
# 1999 DRUG OVERDOSE DEATH RATES

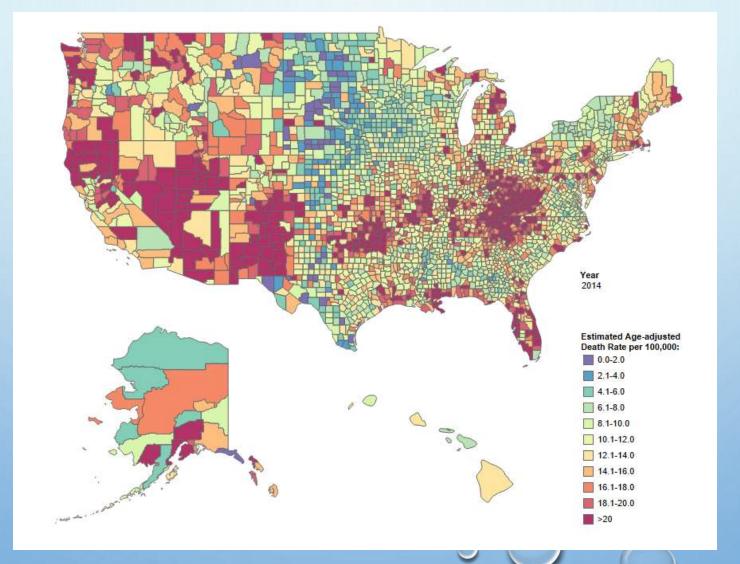


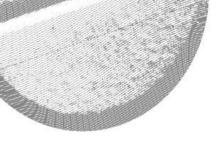






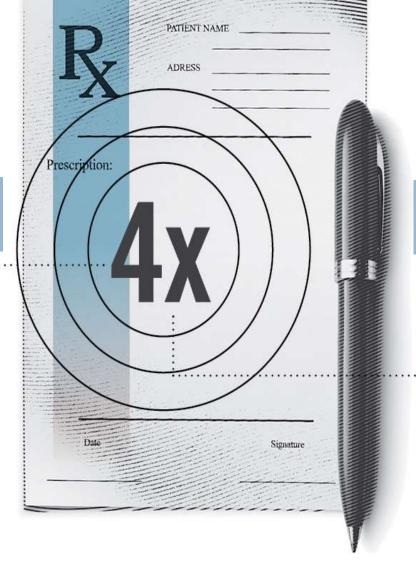






The amount of opioids prescribed has

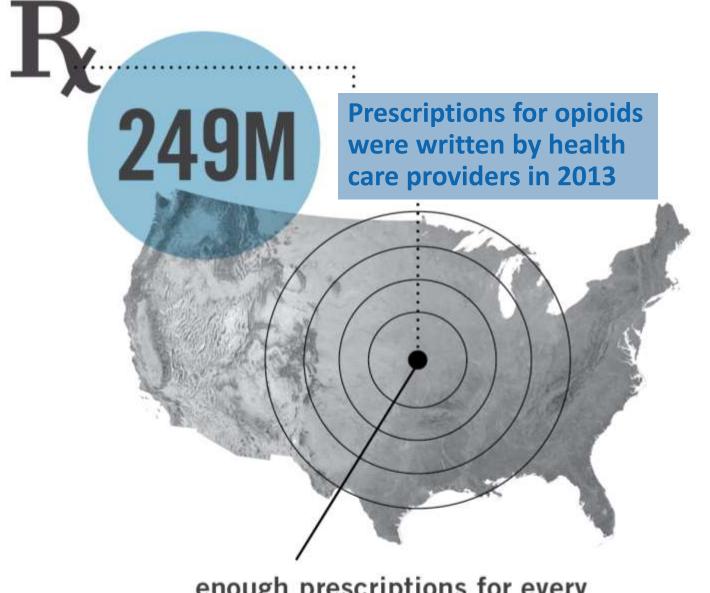
# QUADRUPLED since 1999



**But the pain that Americans** report remains

## UNCHANGED

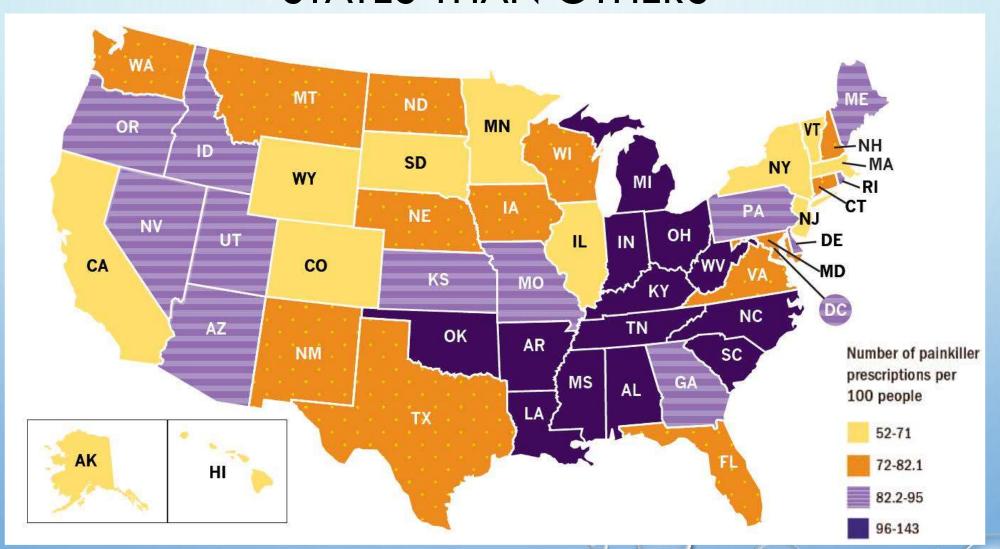




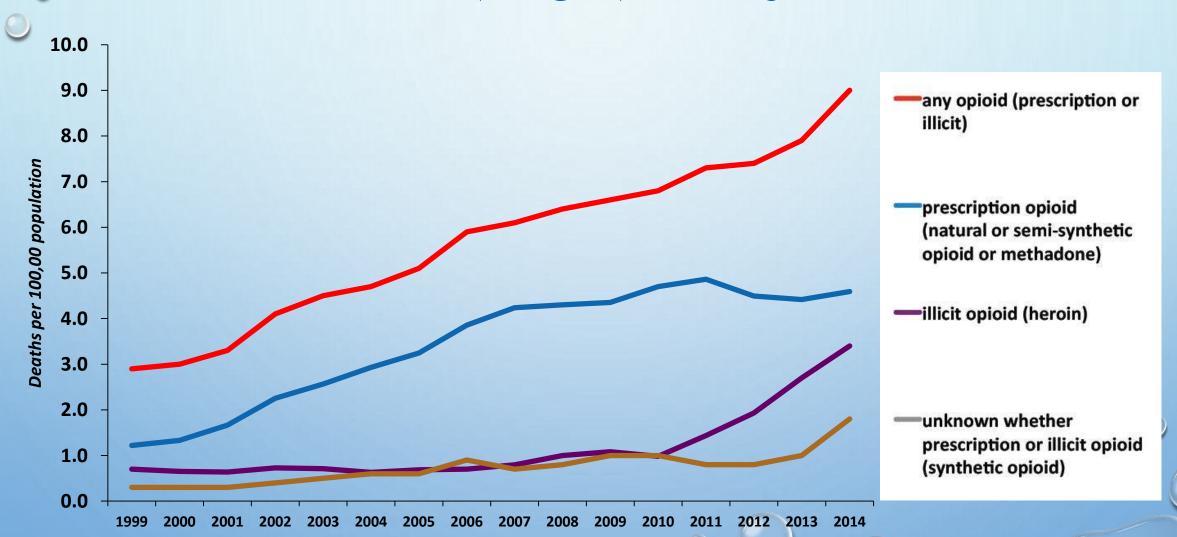
enough prescriptions for every American adult to have a bottle of pills

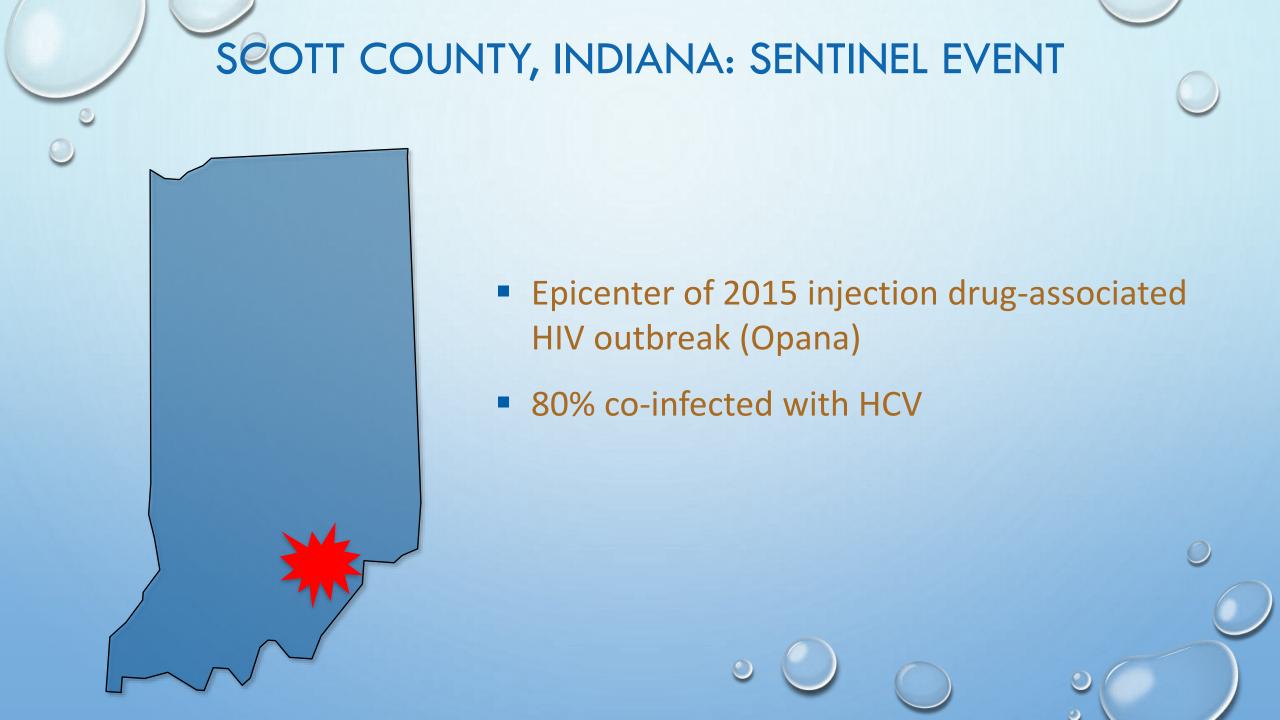
Any one of these could potentially ruin - or end - a patient's life

# OPIOID PRESCRIBING RATES ARE 3X HIGHER IN SOME STATES THAN OTHERS

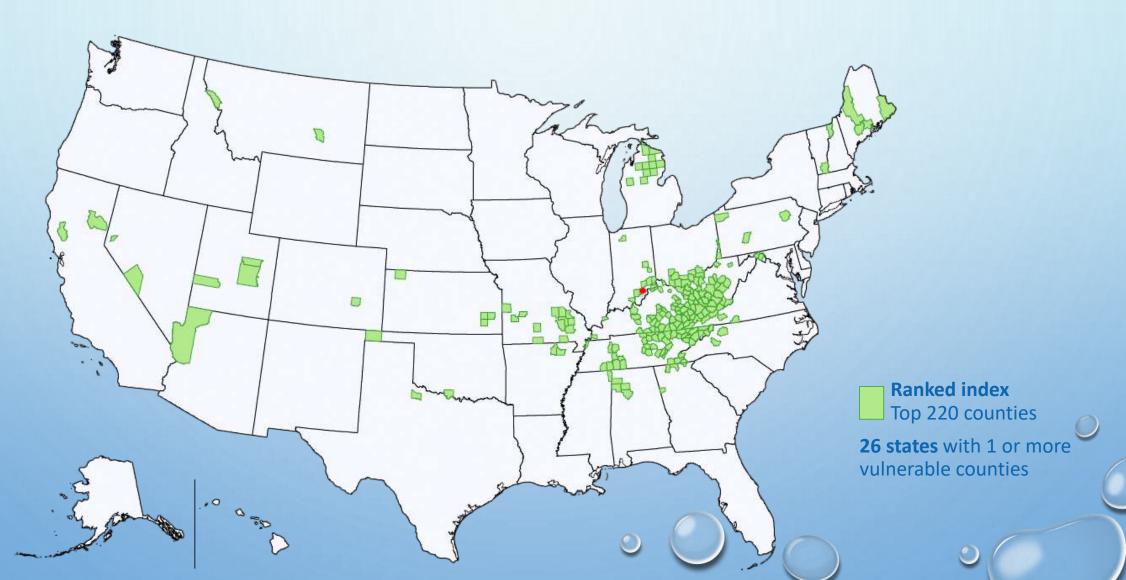


# SHARP INCREASES IN HEROIN AND OPIOID DEATH RATES IN RECENT YEARS

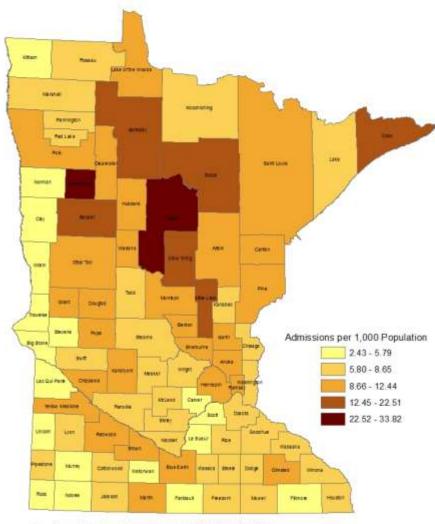




# VULNERABILITY TO HIV/HCV INFECTIONS AMONG PERSONS WHO INJECT DRUGS

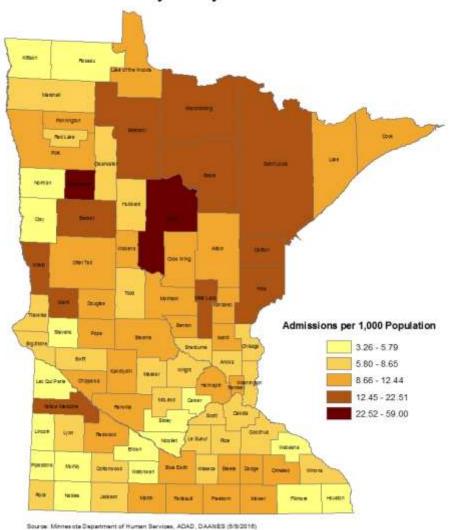


#### CY2007 Substance Use Disorder Treatment Admissions by County of Residence

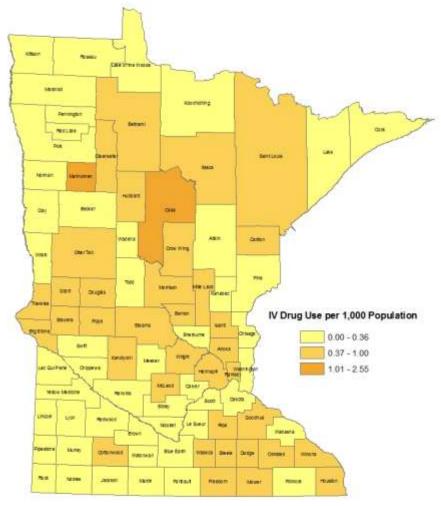


Source: Minnesota Department of Human Services, ADAD, DAANES (5/18/2015)

#### CY2015 Substance Use Disorder Treatment Admissions by County of Residence

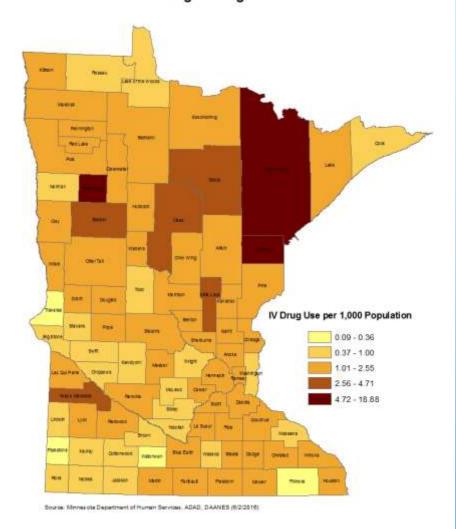


#### CY2007 Clients Indicating IV Drug Use in the Past 6 Months

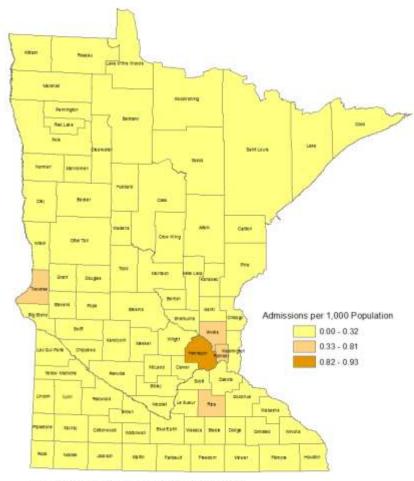


Source Minnes sta Despriment of Human Services, ADAD, DAANES (6/2/2016)

#### CY2015 Clients Indicating IV Drug Use in the Past 6 Months

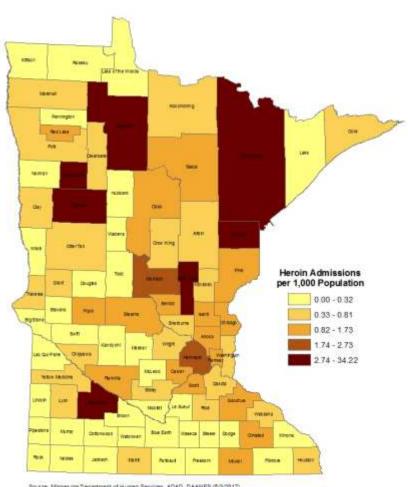


#### CY2007 Heroin SUD Treatment Admissions by County of Residence



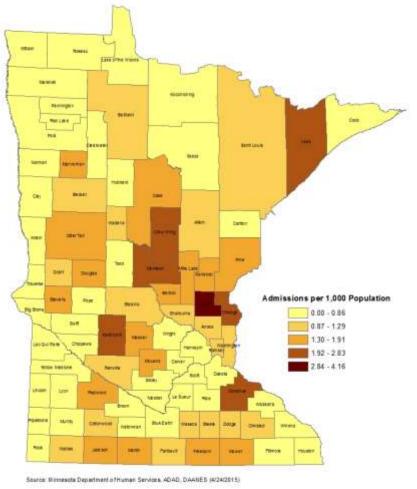
Source: Minnesota Department of Human Services, ADAD, DAANES (\$/14/2015)

#### CY2016 Heroin Substance Use Disorder Treatment Admissions by County of Residence

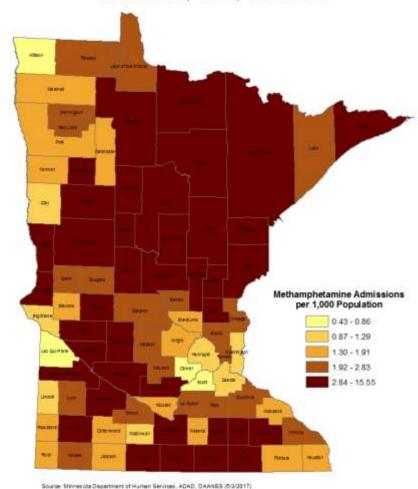


Source: Minnes con Department of Human Services, ACAD, DAANES (5/3/0017)

#### CY2007 Methamphetamine SUD Treatment Admissions by County of Residence



#### CY2016 Methamphetamine Substance Use Disorder Treatment Admissions by County of Residence





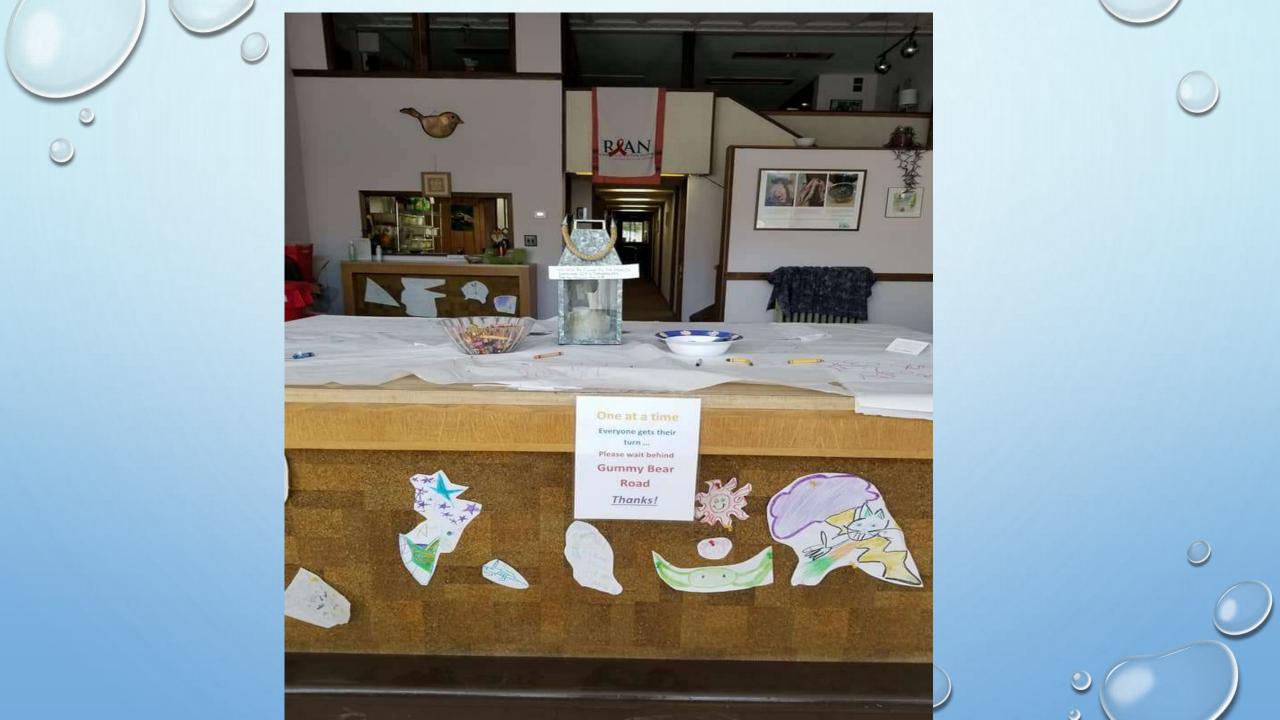
### HOW IT ALL BEGAN IN DULUTH

- RECEIVED FUNDING FROM MINNESOTA DEPARTMENT OF HEALTH IN 2013 TO BEGIN AN EXCHANGE PROGRAM
- MEETINGS WITH COMMUNITY MEMBERS, LAW ENFORCEMENT
- LOCATION, LOCATION



## **DULUTH TODAY**

- DISTRIBUTE CLEAN SUPPLIES (SYRINGES, POINTS & BARRELS, TOURNIQUETS, COOKERS)
- HIV TESTING
- HCV TESTING
- CONDOM DISTRIBUTION
- RESOURCES & REFERRAL
  - RULE 25 ASSESSMENT LINKAGE















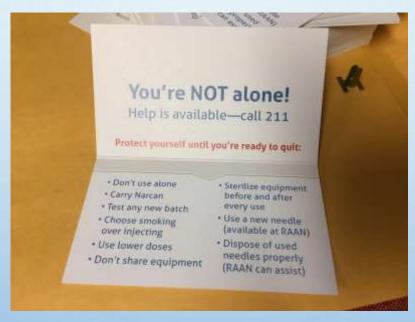
## WHERE ARE WE NOW

- OARS COMMITTEE MEETING
- SAMSHA/CARE FAIRS
- STR OPIOID GRANTS
  - NORTHERN ST. LOUIS COUNTY EXPANSION
  - STATEWIDE NARCAN DISTRIBUTION & MANKATO SEP OPENING



## OARS COMMITTEE









### STR OPIOID GRANTS

#### **A FEW WORDS ABOUT NARCAN:**

(NARCAN IS NALOXONE, THE OPIOID OVERDOSE REVERSAL MEDICINE)

"THE ONLY THING NARCAN ENABLES IS BREATHING... WE JUST WANT TO KEEP THEM ALIVE."

HE SAID ONE YOUNG WOMAN HE KNOWS HAD BEEN REVIVED 15 TIMES WITH NALOXONE.

"AND TODAY, SHE'S IN REHAB," HE SAID. "CORPSES DON'T DO WELL IN REHAB."



## SAMHSA/CARE FAIRS

>>>>RAAN CARE FAIR<

TOPIC: SELF-CARE – THE FUN OF IT, THE CHALLENGE OF IT. C'MON IN – WE'LL TAKE CARE OF THE REST!

- HEALTH, HUMOR & HOPE GO TOGETHER
- THE GREATEST STRENGTH IS GENTLENESS.
- CARTOONS ARE FOR CRAZY DAYS, CARTOONS ARE FOR COMFORT
- TODAY, TOMORROW, NEXT WEEK: THE BLAME SHAME GAME IS LAME, LAME,
- BUILD A CARE COMMUNITY CONNECTION IS THE OPPOSITE OF ADDICTION
- TAKE A LINE FOR A WALK >>> CRAYONS ARE NOT JUST FOR KIDS ANYMORE
- THE FINE ART OF PUTTERING = MOVING LIKE A HERD OF TURTLES.
- STOP ALL THAT NONSENSE, AND HEAL IN SLOW MOTION
- REMEMBER TO FORGET ONCE IN A WHILE ;)
- 'IT IS GOOD TO KNOW HOW TO DO NOTHING, AND THEN REST AFTERWARD.' SPANISH PROVERB



## FOR MORE INFORMATION

- HARM REDUCTION COALITION <u>www.harmreduction.org</u>
- RAAN STAFF
  - Maggie Kazel <u>maggie@raan.org</u>
  - Jameson Danielson <u>james@raan.org</u>
  - Mary McCarthy marym@raan.org